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Missy Iio/ Dakota Student

A T-shirt from the Clothesline Project held at the Memorial Union.

# SEXUAL ASSAULT

## Examining the Services CVIC has to Offer

**Madison Feltman**  
Dakota Student

This past week marked the It's On Us Fall Week of Action here at the University of North Dakota. It's On Us is a nationwide organization that promotes the importance of conversation within the topic of sexual violence. It's On Us encourages all different types of people to take part in the conversation and rally behind change and advocacy. The organization currently works with 95 partners and students across 500 different nationwide campuses. The conversation begins nationwide with the fact that 11.2% of college students experience rape or sexual assault. Female students are four times more likely to be victims of sexual violence than males and only 20% of females age 18-24 report to law enforcement. The conversation also continues here at UND. In the first six months of 2018, the Community Violence Intervention Center (CVIC) served 70 victims compared to 60 in 2017, for an overall increase of 30%. CVIC is a

Grand Forks community based agency with offices located both on South 4th Street downtown and UND's campus. CVIC at UND is a confidential, non-for-profit source that provides free services to survivors of stalking, violence and sexual violence. October marks the beginning of sexual assault awareness month and CVIC helped organize and promote events around campus increasing awareness about the topic of sexual assault, such as the Clothesline Project and the Take Back the Night rally. "Sexual violence or any type of partner violence is hard to recognize because of the dynamics and the barriers," Peggy Jo, CVIC Campus Prevention and Education Specialist said. "Everybody has a different way of experiencing this, which makes it important for us to talk about it. The more knowledgeable you are on it, the easier it is to recognize it and when you can recognize it, then you can provide services." The Clothesline Project brings awareness all around the world as

powerful messages from survivors and victims are displayed on color coordinated t-shirts hung on across large clotheslines. Some of the colors include red/pink for survivors of sexual assault and rape, yellow for survivors of domestic violence and white for victims who have died as a result of physical violence. The week was brought to a close with the annual Take Back the Night rally. Students and community members were invited to march from the Memorial Union to the Chester Fritz Auditorium as the sidewalks were decorated with messages of encouragement for victims to speak out. The night ended with a program combined of keynote speakers Allison Shroeder and Chris Smith who

shared their own testimonials, followed by the presentation of the Peacemaker Award which was awarded to Dave Molemen, Altru CEO, for his unwavering support of CVIC. At the end of the night, attendees were given a bag of purple sand to spread among the sidewalk cracks of Grand Forks to help to promote conversation and increase the awareness of domestic violence within the community. With the increase in conversation, more victims of sexual violence and domestic violence are coming forward to seek help. UND provides many services to students who are faced with these issues which include the University Counseling Center, The Office of Student Rights

and Responsibilities, Title IX, Student Health Services and The University Police Department. Sexual and domestic violence is prevalent everywhere, including at UND. Finding ways to get involved and learn more about the topic promote prevention. Ways to get involved on campus include becoming a part of the It's On Us student group and attending University events that promote awareness. Educate yourself to become a good bystander. If you see something say something.

**Madison Feltman** is the News Editor for Dakota Student. She can be reached at [madison.feltman@und.edu](mailto:madison.feltman@und.edu)

**"Sexual Violence or any type of partner violence is hard to recognize because of the dynamics and the barriers."**

**Peggy Jo**, UND CVIC Campus Advocate



# Water Problems in Johnstone



Trevor Alveshere/ Dakota Student

Johnstone gets a little chilly due to lack of hot water for the past five weeks.

**Sasha Leibold**  
Dakota Student

On September 4th, 2018, students of Johnstone Hall realized that they didn't have any hot water. Residents had to go over to Fulton to shower or risk taking a cold shower. "It's quite an inconvenience for four floors of girls to shower on two floors," Madison Pulvermacher, Johnstone/Fulton

hall president said. Word of not having hot water got to Ashley Thompson, the hall director of Johnstone. Thompson contacted housing about the issue and housing contacted facilities. Facilities said they would fix it, but the problem wasn't fixed so facilities had to come again. Facilities ordered a new part which arrived within a week. However

when it arrived, they realized the part was faulty. Facilities then ordered another new part which also turned out to be faulty, causing the department to contact the manufacturer in Germany. The part that was ordered has to go through customs before it can be shipped in the U.S. Once it gets through customs, it should

the manufacturer to see if there was a different part that might help," Mark Johnson, director of operations in facilities, said. It has to be this specific part in order for the shower to work again, resulting in a long five weeks for students and facilities. Once this part comes in, facilities is hoping that it will solve all of the problems. "I've worked here for a little over 35 years and this is one of the more frustrating situations we have had to deal with," Johnson said. Facilities hasn't been sleeping because they are trying to control the water manually but with students showering at peak times, it is hard for the water temperature to keep up. Parents have been calling housing to see how long it is going to take and why it isn't fixed yet. "I've put four kids

through UND and can understand the parents frustration," Johnson said. "I would want to know what is happening and what UND is doing to solve it." Facilities has been monitoring the water temperature to see what the peak times are for when students shower. 8am and 8pm seem to be the time when students shower the most. "If students would give the water 10-15 minutes after they are done showering to heat back up, there would be warm water to use," Johnson said. This is a unique circumstance with every part facilities received being faulty, leaving students frustrated with having to take really hot or cold showers for the past five weeks.

**It's quite an inconvenience for four floors of girls to shower on two floors."**

Madison Pulvermacher, Johnstone/Fulton hall president



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# Be-*YOU*-tiful

## A friendly reminder to be yourself



Quinn Robinson-Duff climbs through Buddha's nostril in Nara Park, Japan.

**Quinn Robinson-Duff**  
Dakota Student

Be silly. Be who you want to be. Be an individual. Life is too short not to laugh, so why not do it everyday? Put a smile on that beautiful face of yours. Scream at yourself. You're one sexy smart sucker. Dance in every situation, smile to

"Life moves pretty fast. If you don't stop to look around once in awhile you might miss it."

We've only got one life and we need to make it count, take advantage of opportunities and become a yes man. Willingly seek chances to go outside your comfort zone. Stop working a job you

your time: you'll be doing things you don't like doing in order to go on living, that is, in order to go on doing things you don't like doing"- Alan Watts

In today's society, it is crazy to think how materialistic everyone has become. You need the new products, the new clothes, the new everything and

don't have to impress people they don't like. Seek something that creates happiness in your life and find what brings you joy. Find what you love, chase it with all your heart and the money will come.

What really matters is what's right in front of you. The people you surround yourself with, the experiences you live through no matter how small or big they may be. So be silly, goof off, don't

consider what other people think of you all the time. When we do, we become self-conscious and create a shell around us, limiting our potential. So remove the shell and be yourself. Don't give up what you believe in, even if nobody else does. Negative people don't want people to succeed. They get jealous because they don't believe in themselves. So believe in yourself, believe in

something you dream, believe that you can accomplish your dreams no matter what challenges lay ahead. Stop making excuses and feeling sorry for yourself. So be silly, go dance in the rain and do the things you wouldn't normally do. You never know you might love it.

**Quinn Robinson-Duff** is a columnist for Dakota Student. He can be reached at [quinn.robinsonduff@und.edu](mailto:quinn.robinsonduff@und.edu)

**What really matters is what's right in front of you. The people you surround yourself with, the experiences you live through no matter how small or big they may be.**

Quinn Robinson-Duff, Columnist

strangers, be all you can be and most important: live in the present moment. Thinking about the past only makes you depressed, thinking about the future makes you anxious, bliss can only be found in the present moment.

As the great Ferris Bueller once said,

despise for the money. Find something you love and chase it. If you chase cash and not happiness you're going to lose, even if you get the money you still won't be happy.

"If you say that money is the most important thing, you'll spend your life completely wasting

everyone tries to put their best self on social media. You can have an amazing life on social media but in reality, you can be depressed. Don't compare yourself to others because comparison is the thief of all joy. Too many people buy things they don't need with money they

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# The Unpredictable Month of October

## Why the month of October is exciting yet nerve wracking

**Bobby Feaster**  
Dakota Student

October is the greatest month out of all the 12 months, and no, it is not because my birthday is in October. I love October the most because it is the best time of year to be a sports fan. October is the month that all the major sports are playing. It is such an exciting time. There is playoff baseball, football is in full swing, and hockey is back.

The other great thing about October is that the weather is beautiful. Now, for those of you who have grown up around the greater Grand Forks and Twin Cities area you may not have experienced the beautiful weather

that I'm talking about. Where I was born in Pennsylvania, October is the month that the leaves start to change colors, the temperatures start to cool down and it's a little crisp at night. Perfect bonfire and sweater weather. Friday nights are filled with high school football holding a nice warm cup of hot chocolate, or if you're basic, a pumpkin spice latte.

Sadly, in Grand Forks October means some of the weirdest weather you could experience. There is still beautiful green grass everywhere and leaves do change colors here, although the colors are not some of the brightest that you have ever seen,

but you get the picture. Regardless, the weather in the greater Grand Forks area kind of puts a damper on all the great things that October has to offer. Snow in October while there are leaves on the ground and leaves still on trees might be the most upsetting thing one could see.

Now don't get me wrong, there is nothing wrong with a tasty pumpkin spice beverage. I love everything there is to love about pumpkins. I love pumpkin pie, pumpkin beer, pumpkin bread and most other pumpkin flavored items.

As students are all well aware, cooler weather means we are getting that much closer to finishing the semester



Trevor Alveshere/Dakota Student

A round hay bale decorated as a jack-o-lantern.

Sadly, in Grand Forks October means some of the weirdest weather you could experience.

Bobby Feaster, Columnist

which is exciting. The toughest part about October is that it is the longest stretch of school days with no planned day off for college kids. The stretch from the day after labor day all the way until Veterans Day in November is the longest stretch in the college academic calendar for UND students without a day off. I have long argued that this stretch alone makes the fall semester way harder than the spring semester.

For those of you who might be struggling with this

long stretch of school remember to take a breath and remember that you are a smart individual, you made it to college and you have the ability and the work ethic to make it through. Take your schedule one day at a time, and find happiness in the small victories. If you find yourself still struggling, remember that there ain't no shame to the mental health game and your own mental health is the most important thing. UND has many services for students if you find yourself

having trouble. If you, or anyone you know may be having trouble, especially as the days get shorter and the nights become longer be a friend and let yourself or your friend know that it's okay to be struggling and there is nothing wrong with asking for help.

The number for the UND Counseling Services is 701.777.2127

Bobby Feaster is a columnist for Dakota Student. He can be reached at robert.feaster@und.edu



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I'm a Survivor

A T-shirt from the Clothesline Project sharing a survivors story.

The sign depicting the meaning behind the different shirt colors.





Families enjoying Nelson’s pumpkin Patch.

Trevor Alveshere/Dakota Student

# Playing in the Pumpkin Patch

**Molly Andrews**  
Dakota Student

Nothing screams fall more than pumpkins, corn mazes, pumpkins and haunted houses. Imagine if there was a place where you could get your fix of fall in just one stop. If you visit Nelson’s Pumpkin Patch you can do just that. This is the patch’s 22nd season and there are many fun activities to do, but it didn’t always start out this way. Carrie Nelson owns the patch along with her husband Todd. The patch got started when Nelson would bring her second grade class to the patch to look at the pumpkins. Once she did this, other teachers heard about it and would ask if they could bring their students

too. As soon as this started happening, Nelson realized that this could be a way for her to make some extra money on the side while she was teaching. “I asked my husband if I could have this little shack and then I asked him if I could have a little pumpkin truck back there and we planted a few vines in the back,” Nelson said. “And then I asked if he would plant a few more vines.” Just by bringing her students there and other teachers joining in, people started asking if they could stop by as well. Nelson would leave an envelope on a straw bail when she wasn’t home and people would come and pick pumpkins and leave money in the envelope. It was

like that for the first couple of years until more and more people heard about the patch and wanted to come pick pumpkins. Nelson then started opening the patch for a few hours here and there until the patch suddenly began to get popular and the rest is history. There are many attractions at Nelson’s Pumpkin Patch. Of course, there are many pumpkins that are for sale, as well as gourds, but they also have a hayride that does a little loop along the edge of the corn and there are different painted hay bales including a minion from Despicable Me. There are animals to look at as well as different games including a corn launcher. A haunted house, concessions, and the Hay Bale

Theatre that plays the Spookley the Square Pumpkin Movie. Nelson’s favorite part of the patch this year is the Spookley trail which has different activities that go along with each page in the book. She would read Spookley the Square Pumpkin to her second graders and she incorporated it into a fun activity for people of all ages. Along with all of those activities, there is also a corn maze. Nelson designs the shape of the maze each year while her husband cuts it. It requires a lot of preparation and it has to be mowed five to six times each season, which in this case would be summer. They have activities for people of all ages which makes it a great place for families and as well as the Grand

Forks community. “Sometimes I don’t even realize how it adds to the community,” Nelson said. Yesterday, Nelson was tagged in a video of a gender reveal which was done at the patch and she said it had made her day after being down in the dumps after the snow storm. She also has noticed that people around Grand Forks recognize her and her husband as “the pumpkin patch people.” It is the small things such as those that make Nelson realize that many people in the community go to the patch. Nelson’s goal is to keep the patch from becoming too commercialized. “It’s a place where people can get away from the hustle and

bustle,” Nelson said. She likes that the patch has a quaint feel and that it can bring people back in time. She hopes that this is a place where people can come and relax and have an experience of farm life. Nelson’s Pumpkin Patch is open from now until October 28th. On weekdays, it is open from 3 pm - 6pm but on the weekends they are open from 11 am -6 pm. The fees vary as well. It is \$5 on weekdays and \$8 on the weekends. This fee includes all of the activities except for the corn cannon. If you are looking for some fall fun, stop by Nelson’s Pumpkin Patch.

Molly Andrews is a A&C writer for Dakota Student. She can be reached at molly.andrews@und.edu

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Starting lineups against Manitoba Bisons on Friday night.

Trevor Alveshere/ Dakota Student

# UND Hockey Rolls Past Manitoba in Exhibition Game

Kyle Kinnamon  
 Dakota Student

The University of North Dakota men’s hockey team opened up the 2018-2019 season in an annual exhibition game against the Manitoba Bisons. North Dakota had a full line up, playing all five seniors, seven juniors, six sophomores and five freshmen.

North Dakota dominated the game from the opening faceoff until the final whistle. UND treated this game as a regular season game and not just an exhibition game. They were finishing their checks and blocking shots. UND controlled the game through puck possession and incredible neutral zone play. Through

the first 15 minutes of the game, UND was leading in shots 14-2. North Dakota finally hit the back of the net when sophomore Grant Mismash banged one home on the powerplay with two minutes left in the 1st period. “He’s a goal scorer,” captain Colton Poolman said about Mismash. “In those tight little

areas, he always seems to find it. I think it was huge for his confidence, and that whole line’s confidence. They are the driving force behind that forward group.” U N D ’ s dominance was in full effect come the second period. North Dakota added another goal when junior Dixon Bowen sniped one from the slot with a beauty of a feed from freshman Gavin Hain. Freshman goalie Adam Scheel saw ice time when he took over for sophomore Peter Thome halfway through the second period. Thome ended his night saving three of the three shots faced. The biggest takeaway from the second period, however, was North Dakota not giving up a single shot to Manitoba. North Dakota killed multiple penalties in the second period

and still did not give up any shots. North Dakota, actually, did not give up a shot until 7:45 into the third period. “It seemed like a little quiet second period down there,” Poolman said. “That just goes to our defense. We were breaking the puck out and hitting the first pass.” Senior goalie Ryan Anderson took over for Scheel halfway through the third period. Scheel ended his night with one save on one shot faced. Anderson i m m e d i a t e l y faced pressure from Manitoba. Anderson made his first save, but the rebound went directly to Manitoba, making the game 2-1. Manitoba scored again on a breakaway a couple minutes later to tie the game up late in the 3rd period. “I felt so bad for Bob (Ryan Anderson),” Poolman said. “He

is such a competitor in practice. He takes all the extra shots that maybe he doesn’t want to do for us, but does anyway. He takes breakaways, he does all that stuff.” Going into overtime, UND led in shots 50-8. Gardner put one in the net three minutes into overtime to get the overtime win for North Dakota. North Dakota did a lot of things well against Manitoba, but there is still plenty to work on before the regular season opener against Bemidji State this Friday. The game against Bemidji State on Friday will be in Bemidji before coming home to the Ralph on Saturday night to play the Beavers again.

Kyle Kinnamon is a sports writer for Dakota Student. He can be reached at [kyle.kinnamon@und.edu](mailto:kyle.kinnamon@und.edu)



UND celebrates an early goal.

Trevor Alveshere/ Dakota Student

“He’s a goal scorer. In those tight little areas, he always seems to find it. I think it was huge for his confidence, and that whole line’s confidence. They are the driving force behind that forward group.”

Colton Poolman, Senior Captain



Senior Rhett Gardner eyes the puck on Friday nights game against Manitoba.

Trevor Alveshere/ Dakota Student



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